



Participant Handbook

Cherokee County
DAJ/Drug Court

This handbook belongs to:

My case manager is:

My probation officer is:

The drug screen phone number is:

***Call hotline every night after midnight
Lab Hours: 6:00 a.m. - 10:00 a.m.***

My ID number is:

Cherokee County DUI/Drug Court
90 North Street, Suite 370
Canton, GA 30114
Phone: 678-493-6450
Fax: 678-493-6455
Monday-Thursday: 8 a.m.-5 p.m.
Friday: 8 a.m. - noon
Office hours vary due to Court and lunch

Price Counseling Center
2920 Marietta Highway, Suite 122
Canton, Georgia 30114
Phone: 770-479-5501
Fax: 770-479-5502
*Emergency line: 678-602-8776
Monday-Thursday: 8 a.m.-5 p.m.
Friday: 8 a.m.-4:30 p.m.

Georgia Probation Management
154 North Street
Canton, Georgia 30114
Phone: 770-720-2818
Fax: 770-479-7454
Monday-Thursday: 8:30 a.m.-4:30 p.m.
Friday: 8:30 a.m. - 3:30 p.m.
Closed for lunch from 11:30 a.m. until 1:00 p.m.

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Cherokee County

DUI/Drug Court Program

Integrity, Dedication
Accountability
Humility & Self-Worth

This handbook is to provide the participant with an overview of the guidelines for the DUI/Drug Court. It does not contain all rules, requirements, policies and procedures. The guidelines or requirements may change without notice.

I. Introduction

The Cherokee County DUI/Drug Court was organized in March 2005 under the direction of Chief State Court Judge C. J. Gober, Jr. In 2013, Chief State Court Judge Alan Jordan assumed the role of Judge for the Cherokee County DUI/Drug Court.

The Court is a partnership among the Judge, the Solicitors Office, Probation, Law Enforcement, the DUI/ Drug Court Office, the Treatment Provider Representatives, and the Defense Bar.

The program is a maximum of twenty four months and consists of five phases. It encompasses vocational, educational, and spiritual components in conjunction with providing substance abuse treatment. **Phase 1** provides an orientation to treatment, level of care screening and assignment to a treatment group and a baseline drug and alcohol screen. **Phase 2** provides alternatives to criminal and addictive thinking and basic drug education along with alcohol and drug screens, and DUI/Drug Court appearances every other week. **Phase 3** is a transitional phase that allows the participants to put into practice the skills learned in Phase 2. Urine drug screens and breathalyzers continue as do DUI/Drug Court appearances twice per month. **Phase 4** continues the transitional phase with regular random drug and alcohol screens, with a reduction in the amount of times the participant is seen by treatment and the Court. **Phase 5** is the aftercare phase. The participant is not required to attend as many groups, however, random urine drug screens and breathalyzers continue as do monthly Court appearances.

This program provides early intervention and serves as a meaningful alternative to incarceration for the participant who can function in the community with support. It is our goal to improve the quality of life and reduce recidivism for participants. Those who graduate will have a solid foundation to build upon in order to become productive members of our community.



II. Court

COURTROOM BEHAVIOR

Your attendance in court is a critical requirement of your participation in the Cherokee County DUI/Drug Court. Your behavior from the time you leave your automobile until you arrive in the courtroom should reflect positively on your DUI/Drug Court Program. Your attire should NOT include shorts, tank tops, halter-tops, bulging necklines, hats, sunglasses, or excessively baggy clothing. Additionally, you should NOT wear clothes displaying offensive language, advertising alcohol or other drugs. Loud and boisterous behavior is unacceptable.

You must be punctual. Court is called to order on the 1st and 3rd Thursday of each month in the afternoon at 4:00 p.m. and at 5:00 p.m. You will be assigned to one of the sessions (You will be advised of exceptions or changes to this schedule). If you are late you will be sanctioned. If you are assigned to the 4:00 session you will not be allowed to attend the 5:00 session.

Once in the courtroom, conversations should be minimal, and you are to remain seated unless directed otherwise. You should not read or sleep in the courtroom. No food, drink, pagers, cell phones, or other distracting items are allowed.

When addressed by the Judge, you should stand and respond respectfully. For example, "Yes" and "No" or "Yes, sir" and "No, ma'am" are appropriate. Speak clearly and directly to the Judge and remain in front of the Judge until dismissed.

JUDGE'S ROLE

The DUI/Drug Court Judge has knowledge of the impact of substance abuse on the court system, the lives of participants, and the entire community and is, therefore, committed to the program mission and goals, and works as a lead partner to ensure its success. One way the DUI/Drug Court Judge leads is through assisting the treatment team in developing protocols and procedures for the program. In the courtroom, the Judge develops a personal, working relationship with each participant while monitoring participant progress.

Your DUI/Drug Court Judge has many responsibilities beyond DUI/Drug Court. Their time is limited. The Judge is not your case manager, personal attorney, and/or legal advisor. Information from yourself and your family must go through your case manager/coordinator. The Judge attends non-court settings such as status review meetings to determine appropriate,

effective sanctions for program violations as well as incentives for continued compliance. Such determinations are made using knowledge of addiction, relapse, and other factors (i.e., gender, age, and culture) that may impact a participant's success. A further role of the DUI/Drug Court Judge is to advocate for the program by creating community interest and support for the program and to develop community resources to assist participants in their treatment.

SOLICITOR'S ROLE

The Solicitor has many responsibilities to the DUI/Drug Court. While in the courtroom, the Solicitor ensures that each eligible offender is referred to DUI/Drug Court. The Solicitor attends staff meetings to discuss possible candidates for the program and to determine appropriate sanctions and incentives for current participants. Such determinations are made using knowledge of addiction, relapse, and other factors (i.e., criminal history, gender, age, and culture) that may impact a participant's success. Another role of the Solicitor is to contribute to efforts in community education and acquisition of community resources to aid the program. The Prosecutor educates peers, colleagues, and judiciary on the effectiveness of DUI/Drug Courts. During your participation in the program, it is not appropriate to seek legal counsel from the staff of the Solicitor's Office. In the event that you are terminated from the DUI/Drug Court, the Solicitor will make recommendations to the Court regarding probation revocation.

DEFENSE ATTORNEY'S ROLE

While your Defense Attorney's role in your case was completed prior to your admittance to the DUI/Drug Court Program, you may at any time access legal counsel on your own accord should you feel this necessary. It is the desire of the DUI/Drug Court to protect your legal rights at all times. The Defense Bar representative on the Team attends all training and educational conferences and is knowledgeable about alcoholism and addiction and is sensitive to cultural issues.

LAW ENFORCEMENT'S ROLE

Law Enforcement provides accountability for your participation in this program through their participation in status review meetings, sanction/incentive recommendations, and they will provide random searches of participant's homes and person. Your total honesty and cooperation with all law enforcement is essential to compliance with this program.

SANCTIONS

The Judge will impose sanctions on you if you violate program rules and the sanctions are progressive. Sanctions can include but are not limited to jail time, community service work, behavior contracts, etc. In the event that jail time is required for your program violations, you must make sure that childcare is not an issue. Please bring all current medications with you when you come to court. Vehicles are not to be left unattended while you are incarcerated. Failure to accept a sanction will result in a probation revocation hearing and possible termination from the program.

If you purchase and/or possess alcohol, illegal drugs, or mind-altering substances while in this program, you will receive sanctions. If you drive without a valid driver's license, you will receive sanctions.

INCENTIVES

Program compliance and good behavior will be recognized by the Judge as an incentive to continue your recovery. Your jail time may have been suspended. Your fines and fees may have been suspended. These are the initial tangible incentives for participation in the DUI/Drug Court Program. Over time, program compliance and good behavior will be recognized by the Judge as an incentive to continue your recovery. It is our hope that eventually you will recognize the benefits of an alcohol and drug free lifestyle and this will become your true incentive to stay in recovery long-term.

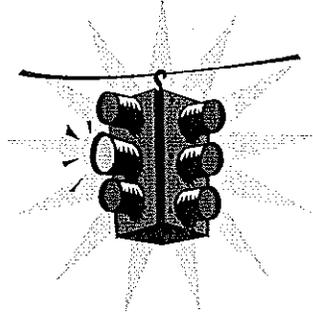
TERMINATION

The Cherokee County DUI/Drug Court is committed to giving participants the opportunity to learn to become drug and alcohol free. However, your continued participation in the Cherokee County DUI/Drug Court Program is contingent on compliance with ALL program guidelines and regulations.

Non-compliance includes, but is not limited to:

1. Your inability to remain clean and sober
2. Failure to attend and participate in groups
3. Threats or violence against peers or staff
4. Altering or tampering with drug screens
5. Committing a new offense
6. An accumulation of program violations
7. Failure to follow program guidelines including but not limited to behavior contracts and/or 30 Day Step-Up plans

We want every participant to succeed, and we consider termination the last resort. Our goal is to help you obtain and maintain a healthy lifestyle. However, we also understand that not everyone who enters the Cherokee County DUI/Drug Court Program is capable of and/or committed to achieving sobriety. Our resources are limited, and the Court may determine that termination from the program is necessary.



III. Program Guidelines

ATTENDANCE

As a participant in the Cherokee County DUI/Drug Court, you are required to obtain prior permission to travel. You are required to attend all meetings as assigned and be on time. Failure to obtain permission or to attend meetings as directed will result in sanctions and/or low ratings. Special requests to travel and/or be excused from meetings must be approved by the DUI/Drug Court Office. Participants should not request leave to miss a meeting or a drug screen during the first 90 days of the program. This procedure must be taken in order to miss a meeting or a drug screen:

1. All requests are to be submitted a minimum of two weeks in advance to your coordinator.
2. All requests must have verified documentation attached. (For example: doctor, school, work, or court letterhead explaining the situation and signed by a person in authority, including a phone number.)
3. The DUI/Drug Court Office will inform you in writing of the decision on the request.

Only legitimate excuses will be considered. For example, birthdays, anniversaries, vacations, concerts would not be considered until you have at least 90 days in the program. More leeway will be given to senior participants. In the event of a sudden illness and/or death of immediate family, of course, proceed as needed. (Immediate family includes spouse, children, siblings, parents, and grandparents only.) Contact your case manager by phone on the next working day and obtain proof of relationship, medical records, or an obituary to be submitted upon your return to treatment.

TREATMENT FACILITY

All DUI/Drug Court activities and locations may be viewed as an extension of the Cherokee County State Court. Your behavior should reflect that understanding at all times. This includes all contracted treatment locations, community service sites, special events, and any other functions associated with DUI/Drug Court activity. Violations of program rules can result in sanctions and/or new criminal charges. All staff members of the Cherokee County DUI/Drug Court are officers of the Court, and you are expected to follow their instructions.

1. Confidentiality is a must. What is said here stays here! There will be stiff consequences to any violations of this rule.
2. Free expression of your thoughts and feelings is encouraged; however, violence, threats or intimidation will not be tolerated. Extreme use of profanity is not acceptable.
3. If provided one, break time (5 min) is for smoking, bathroom breaks, and getting a drink. Use this time wisely and return to group on time.
4. Leave group only in an emergency after notifying staff.
5. Pagers and cell phones must be left outside in a locked vehicle. They will be confiscated if they ring or beep during group.
6. You must arrive on time and participate in sessions. Arriving late or missing group/individual sessions can result in sanctions and/or low ratings.

No visitors allowed. You will be notified of scheduled exceptions to this rule. This includes children and pets.

Smoking is permitted outside only. Place cigarette butts in the ash can provided.

No littering in parking lot or in building. You must be responsible for assisting in maintaining the cleanliness of the building.

Destroying or defacing property will lead to sanctions.

CASE MANAGEMENT

Throughout the length of the program, you will be required to report for case management as directed to the DUI/Drug Court Office. You must report on time and complete any assignments as directed. Failure to comply with case management can result in low ratings and possible behavior contract.

FRATERNIZATION POLICY

Due to the sensitive nature of recovery, participants in the DUI/Drug Court Program in Cherokee County shall not establish an intimate or physical relationship with other participants in the program. Such relationships are prohibited and may result in sanctions or termination from the program. Participants should use caution when entering into a business relationship with other participant's.

FINANCES

Throughout your attendance in the DUI/Drug Court Program, you are required to contribute financially through program fees. You will be charged \$150 for the initial orientation. This must be paid to the DUI/Drug Court Office upon signing up for the program. Program fees are \$90 per week that will be applied to your account every Friday and may change as grants expire or new funds become available. Remember, probation fees are in addition to program fees. Probation fees are paid directly to Georgia Probation Management.

The program fees include treatment and a base number of drug screen costs (this does not include cost of drug screen confirmations or drug screens above the base number you may be required to take). Additional costs may be incurred as a result of sanctions which include but not limited to increased testing, electronic monitoring or additional counseling. It is expected that your account will be paid in full weekly. Sanctions may be imposed if you fail to keep your account current. **If your fees are not current by the last business day of the month, community service work will be given.**

Additionally, as noted later under Drug Screens, a \$65 fee will be charged to your account if you deny use and request your urine sample be confirmed by another lab. Drug screens above the base number will be charged at \$35 each.

If you cannot meet your financial obligations, it is your responsibility to discuss your situation with the DUI/Drug Court Office and develop a solution.

INCLEMENT WEATHER POLICY

DUI/Drug Court Office: In case of inclement weather, participants are to contact the DUI/Drug Court Office at **678-493-6450** for important updates regarding court closings, testing hours, office hours, etc. Information will also be posted on the DUI/Drug Court website.

Probation: Participants are to contact Georgia Probation Management at **(770) 720-2818** for information regarding office hours.

Price Counseling: Generally Price Counseling Center will be open during inclement weather unless road conditions are not safe. Price Counseling Center will announce any office closings or change in office hours via the office phone message, via Twitter (@pricecounseling) and on the Price Counseling Center Facebook page.

MEDICATION

As you will learn in the DUI/Drug Court Program, cross addiction is real. Many of you were already addicted to more than one substance when you started DUI/Drug Court, but only had one "favorite" substance. You will find it quite easy to change from one mood-altering substance to another and continue to be addicted. As long as you continue to manipulate your mood with a substance rather than new thoughts and new activities, you will remain cross-addicted and actively ill. There are many reasons that you may continue to feel the need to use a variety of substances. The first thing that comes to mind is insomnia (sleeplessness) and you may be tempted to return to using sleeping medications within a short period of time because of poorly developed abilities to get yourself to sleep (these skills can be developed: warm milk, reading, meditation, etc.).

Pain is the second most common reason and if you choose to use mood-altering analgesics (pain-killers), especially any of the narcotic drugs (Lortab, Percocet, Darvocet, Darvon, etc.), you are extremely likely to return to your drug of choice eventually because this will short-circuit your ability to control impulsive action. You have to be very cautious when you become physically ill, even with respiratory diseases (colds, flu, or pneumonia) because many of the drugs used to treat these conditions cause mood changes and decreased ability to control impulses. There are many compounds that will cause you to crave a drink/drug...many cough syrups have narcotics in them.

It is difficult to remember which drugs to avoid and so this list of medications has been prepared for you...what you can take and what you must avoid. You have to take responsibility for all of your future drug use because not every physician, pharmacist, or dentist knows about the nature of your condition and what you have learned. *If you have a particular problem, be sure and discuss it with your case manager/coordinator.* No drug of any kind is to be taken without prior approval from the Coordinator or treatment provider. Copies of all prescription medications along with the completed Medical Provider Advisory Form are to be provided to the Court Office within 48 hours of the medication being prescribed.

LET YOUR PHYSICIANS, DENTISTS, PHARMICISTS, AND ALL OTHER
PERSONS THAT WILL BE INVOLVED IN YOUR RECEIVING MEDICATIONS
KNOW THAT YOU ARE IN RECOVERY. THIS IS EXTREMELY IMPORTANT IN
THE MAINTENANCE OF YOUR RECOVERY!

In the following pages will be lists of drugs you can and cannot take safely. Please pay close attention to the medications that you receive to insure long-term health and recovery from addiction.

DRUGS THAT CAN BE TAKEN

Do not use any amount beyond what is recommended.

Advil (OTC)*	Aleve (OTC)	Aspirin, Ecotrin, Tylenol (OTC for fever/pain)
Clinoril (Rx)*	Feldene (Rx)	Ibuprofen
Meclomen (Rx)	Medipren (OTC)	Motrin (Rx)
Nalfon (Rx)	Naprosyn	Toradol
Tessalon Perles for cough (Rx)		

**OTC: Over the counter *Rx: Prescription*

ANTI-HISTAMINES (old types are more dangerous)
(Use with Doctor approval only and BE CAREFUL.)

Actifed	Afrin	Alka-Seltzer-Plus	Allerest
Benadryl	Comhist	Comtrex	Coricidin
Dimetane	Dimetapp	Dramamine	Histadyl
Ornade	PBZ	Polarmine	Triaminicin
Pyribenzamine	Teldrin	Triaminic	

The following are newer antihistamines and are safer.

Seldane	Hismanal	Zyrtec	Claritin	Allegra
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COUGH AND COLD
(take only as directed)

Mucinex	Therafu
Sudafed PE	Alkaseltzer Cold
Tylenol Cold	Advil Cold

STOMACH/ANTACIDS
(take only as directed)

Tums	Pepcid
Rolaids	Maalox/Mylanta
Tagament	Immodium AD
Pepto Bismol	

DRUGS THAT ARE NOT TO BE TAKEN

SLEEPING AIDS AND TRANQUILIZERS

Ambien	Ativan	Centrax	Compazine
Dalmane	Deprol	Equanil or Meprobarbarnate	Halcion
Limbitrol	Miltown	Milpath	Restoril
Serax	Valium	Vistaril, Atarax	Xanax
Klonopin	Lunesta		

ANALGESICS

Darvocet N-100	Darvon Cpds.	Darvon	Equgesic
Fiorinal	Norflex	Norgesic	Parafon Forte
Robaxin	Robaxisal	Soma	Talwin
Wygesic	Ultram		

BARBITURATES

Amytal Na.	Brevital	Butabarbital	Butisol Na.
Donnatal	Eskobarb	Luminal (Blue Heavens)	Mebaral
Nembutal (Yellow Jackets)	Pentothal	Phenobarbital	Seconal (Red Devils)
Surital	Tuinal (XMAS Trees, Rainbows)		

ALCOHOL

After Shave Lotion	Extracts (Lemon, etc.)	Hair Tonics	Medical Alcohol
Mouth Wash	Perfumes	Sterno	Wood Alcohol

OTC-OVER THE COUNTER

OTC caffeine preparations--- Nodoz, Vivarin, etc.
OTC diet aids---Dexatrim, etc.
OTC antihistamines---Dristan, Contac, Somnex, Nytol, Nyquil, etc.
OTC decongestant- Dextromethorphan (DM)

ANTICHOLINERGICS/ANTISPASMODICS

Atropine	Belladonna & derivatives	Donnatal	Hyosine
Kinesed	Levsin with Pb.	Librax	Pathibarnate
Pro-banthine	Scopolomine	Valpin	

MINOR TRANQUILIZERS

Ativan	Equinal (Meprobamate, Miltown, Milpath)	Klonopin (clonazepam)
Librax	Libritabs	Pathibamate
Paxipam	Serax	Tranxene
Valium	Versed	Vesprin
		Xanax

NON-AMPHETAMINES STIMULANTS

Adipex-P	Appedrine	Bontril	Control
Dexatrim	Efed 11	Fastin	Ionamin
Mazanor	Melfat	No-Doz	Plegine
Pondimin	Prela-2	Preludin	Prolamine
Ritalin	Sanorex	Tenuate	

DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)

SEDATIVES

Amytal	Carbital	Doriden	Methaqualone
Nembutal	Noctec or Chloral Hydrate		Noludar Parest
Placidyl	Quaalude	Seconal	Sodium Phenobarbital
Sodium Luminal	Sopor	Veronal	

STIMULANTS

Benzadrine (Bennies, whites)		Cylert	Desbutal (greens)
Desoxyn	Dexadrine (Dexies, hearts)		Dexamyl
Dexaspan	Didrex	Eskatrol	Fastin
Ionamin	Methamphetamine (Speed, Meth, Desoxyn, Methadrine)		
Preludin, Prelu-2	Adderall	Vyvanse	

NARCOTICS/OPIATES/OPIOIDS

A.P.C. w/Demerol	B & O Supp.	Bancap HC	Cocaine
Codeine	Damason -P	Darvon	Darvocet
Demerol	Dilaudid	Dolophine	Dolene
Empirin #1,2,3,4 w/Codeine		Empracet w/Codeine	Fentanyl-Sublimaze
Fiorinal #1,2,3,4 w/Codeine		Heroin (E, Horse, Dope, Smack, Junk)	
Hy-Phen	Hycodan	Hydrocodone	Innovar Inj. (fentanyl w/Droperidol)
Levo-Dromoran	Leritine	Lomotil	Lorcet
Lortab	Mepergan Forte	Methadone	Morphine
Nubain	Numorphan	Oxycodon	Pantopan
Paregoric	Pentazocine	Perco barbs	Percocet
Percodan	Phenaphen #1,2,3,4 w/Codeine		Phenzocine
Propoxyphene Hd	Roxicet	Roxicodone Soma	Cpd. W/Codeine
Stadol	Sublimaze (Fentanyl)	Synalgos-D	Talacin C
Talwin	Tic. Opium	Tylenol #1,2,3,4	Tussionex
Tylox	Vicodin	Zydone	
Zohydro	Oxymorphone	Suboxone (Buprenorphine)	

BROMIDES

Bromo-quinine Miles Nervine

COUGH SYRUPS Those containing:

Codeine Hycodan Hydrocodone Oxycodone Tussionex
Dextromethorphan

HYPNOTIC/SEDATIVES(*sleeping pills*)

Alurate	Ativan	B.A.C.	Butalbital
Butisol	Carbital	Chloral Hydrate	Compoz (OTC)
Dalmane	Doridan	Halcion	Nembutal
Noludar	Nytol (OTC)	Phenobarbital	Paraldehyde
Quaalude	Restoril	Seco Barbital	Sleepeze (OTC)

DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)

HALLUCINOGENS

Butotenine (Dimethylserotomin)	DET (Diethyltryptamine)
"68"	DMT
Grass (Roach, Joint, Mary Jane)	
Hashies	Hashish
Ibogaine	LSD (Lysergic acid, Diethylamide, Acid)
Marijuana (Pot, THC)	Mescaline
Psilocybin	Peyote
Psilocin	"STP" or "DOM" (4-methyl-2, 5, Demethoxyamphetamine)
Ketamine	

VOLATILE SUBSTANCES/ANESTHETICS-INHALANTS

Anesthetics	Amyl/butyl Nitrate	Banana Oil	Fluothane
Freon	Gasoline	Glue	Nitrous Oxide
Paint Thinners	Panthrane	Pentothane	Surital
Trilene			

SYNTHETICS

Synthetic Cannabinoids- synthetic marijuana, "K2", or "Spice"

Synthetic Cathinones- methylenedioxypyrovalerone (MPV), mephedrone, ketamine, and methydone. "Bath salts," "molly," "glass cleaner," or "plant food"

FOOD AND OTHER INGESTIBLE PRODUCTS:

Poppy Seeds (Do not ingest anything containing poppy seeds)

Sure-Jell (Pectin)

Kratom

Kava Kava

Phenibut

CBD Oil

ALCOHOL

Recent advances in the science of alcohol detection in urine have greatly increased the ability to detect even trace amounts of alcohol consumption. In addition, these tests are capable of detecting alcohol ingestion for significantly longer periods of time after a drinking episode. Because these tests are sensitive, in rare circumstances exposure to non-beverage alcohol sources can result in detectable levels of alcohol (or its breakdown products). In order to preserve the integrity of the Drug Court testing program, it has become necessary for us to restrict and/or advise Drug Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol. It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them.

Cough syrups and other liquid medications: DUI Court participants have always been prohibited from using alcohol-containing cough/cold syrups, such as Nyquil®. Other cough syrup brands and numerous other liquid medications, rely upon ethyl alcohol as a solvent. DUI Court participants are required to read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your coordinator before use (and prescriptions should be reviewed with and approved by the coordinator before being filled by a pharmacist). Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-Alcoholic Beer and Wine: Although legally considered non-alcoholic, NA beers (e.g. O'Douls®, Sharps®) do contain a residual amount of alcohol that may result in a positive test result for alcohol, if consumed. DUI Court participants are *not* permitted to ingest NA beer or NA wine.

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Fermented products/fermented beverages (such as Kombucha) can have alcohol content percentages often above 0.5% and at higher unregulated levels which could result in a positive screen for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginko Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé' dishes (alcohol poured over a food and ignited such as cherries jubilee, baked Alaska) must be avoided. Read carefully the labels on any liquid herbal or homeopathic remedy and do not ingest without approval from your coordinator.

Mouthwash and Breath Strips: Most mouthwashes (Listermint®, Cepacol®, etc.) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl alcohol can produce a positive test result. DUI Court participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by DUI Court participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your coordinator.

Hand sanitizers: Hand sanitizers (e.g. Purell®, Germex®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand washing with soap and water is just as effective for killing germs.

Hygiene Products: Aftershaves and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Off®) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court required DUI Court participants to regulate

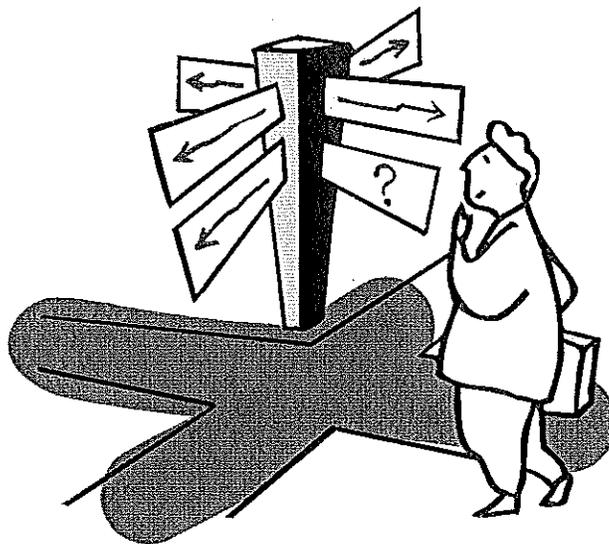
their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

Solvents and Lacquers: Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, DUI Court participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, *you need to discuss this with your DUI Court Coordinator.* Do not wait for a positive test result to do so.

SUPPLEMENTS

Supplements including herbal, pre-workout, protein, creatine, etc. will not be approved to take while in the DUI/Drug Court Program. Supplements may interfere with testing and will be subject to confirmation testing at your own expense. If you take any supplements while in the program it is at your own risk.

Remember! When in doubt, don't use, consume or apply.



DRUG TESTING

Policy and Procedure

All participants entering the program with alcohol charges will submit to an alcohol monitoring device as determined by the Court or the DUI/Drug Court Coordinator.

All participants are given instructions on testing through the drug testing hotline upon entry to the program. For the duration of your participation in the Cherokee County DUI/Drug Court Program, it is your responsibility to check daily to see if you are required to drug test that day. Drug testing is performed on a random basis; however, a breath or urine specimen may be required at any time.

You must call the drug screen hotline each day after midnight. You will be prompted to enter your ID then given a message if you have to test or not to test. In the event that, for any reason, you cannot access this information by phone, it is your responsibility to report to the testing facility during scheduled drug testing hours. Random testing may occur at any place at any time.

You must be punctual and prepared to submit a specimen during the specified hours. Late arrivals will not be allowed to test and the failure to submit a specimen will be considered a positive screen. Tampering with or diluting a drug screen is grounds for termination from the Cherokee County DUI/Drug Court Program. See dilute drug screen handout for more information regarding dilute tests.

Upon reporting for a drug screen:

1. A staff member must accompany you at all times during drug testing.
2. You must make sure that your name and the date is on your specimen bottle.
3. You must indicate an admission or denial of alcohol or drug use and grant permission for confirmation of results if appropriate. Honesty is a crucial component for recovery and participation in the Cherokee County Drug Court Program. Self-disclosure of use before testing will earn imposition of one-half of the sanction otherwise imposed.
4. You will not be allowed to leave the testing area or to drink excessive fluids until a specimen is rendered.
5. A staff member must always witness the sample being given.
6. You may not carry purses, coats, bags, etc. into the testing area.
7. Shirt sleeves should be rolled up to the elbow and you may be requested to remove additional clothing to ensure the validity of a specimen.
8. The test cup must contain a minimum 1/3 level to be adequate for testing.

If a drug screen is positive and confirmation is requested, the specimen will be tested again at a qualified testing center. A \$65 confirmation fee must be paid within 48 hours of notification. You may not be able to stop using drugs immediately and recovery may not occur overnight. However, all use of illegal drugs will be sanctioned. This is not intended as punishment but to encourage sobriety. Thus, the ultimate goal of drug testing is to provide accountability and confirmation of an individual's progress towards recovery.

IV. Treatment

MATERIALS

During your participation in the Cherokee County DUI/Drug Court, you may be required to purchase substance abuse related materials and/or literature. It will be the participant's responsibility to bring this material to treatment as required. If any materials or workbooks are provided to you by the DUI/Drug Court program, you will be responsible for the materials and will be charged a fee to replace the materials and or workbooks if lost.

ASSIGNMENTS

You will also be given a variety of assignments while in treatment. Our expectation is that you will apply yourself to the best of your ability. Assignments that show little or no effort will not be accepted, and you will be required to complete the assignment again. The Judge will sanction a continued lack of effort on your assignments and you may receive low ratings.

PHASE COMPLETION

The Cherokee County DUI/Drug Court has five Phases to be completed by a participant to be a potential graduate. Each Phase has certain benchmarks and requirements which the participant verifies in writing are completed. The written request prepared by the participant is presented at Team Staffing. The Team considers the Phase movement request and it is recognized at a court session, if approved. The Court session approval marks the date of the movement from one Phase to the next.

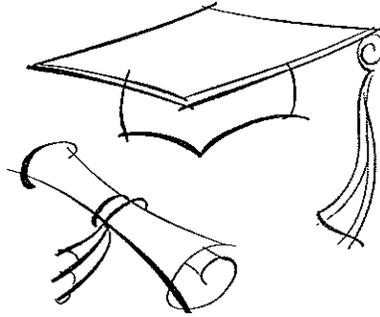
In **Phase 1**, you will be required to complete intake with the DUI/Drug Court Coordinator's Office and the probation office. You will also be required to complete an assessment, attend a program orientation, and complete a Clinical Evaluation with treatment provider to determine the level of care.

In **Phase 2** you will begin learning and implementing new life skills. You will develop a personal commitment for recovery. You are to begin to work a self-help program, chose a sponsor, and contact that sponsor regularly. You will also complete a Publication Fee, if applicable.

In **Phase 3** you are required to completed DUI School, Victim Impact Panel, and have ignition interlock installed on your vehicle, if applicable. As you continue implementing new life skills you will contract with family, work, friends, community and court for sobriety. You will be required to continue to work your self-help program and asked to share your life story with your treatment group.

In **Phase 4** required group hours are reduced. As you work through this Phase of the program you will contrast your life story, where you were and where you are going.

In **Phase 5** you are not required to attend as many groups, however, random urine drug screens and breathalyzers continue as do monthly Court appearances.



GRADUATION CONGRATULATIONS!!!

Upon completion of Phase 5, you will be eligible for graduation. We are all looking forward to this event. Our hope is that you will have established a healthy and productive lifestyle. Remember, your recovery is an ongoing process. At this point in your treatment, you will have made a very strong beginning to this lifelong endeavor.

Two weeks prior to graduation you must have clearance for all financial obligations from the DUI/Drug Court Office, the Probation Office and the Treatment Office. All essays must be received and all other requirements met.

After graduation from the DUI Court Program, you will be required to participate in the Alumni Program until your sentence is no longer in effect.

TREATMENT COMMUNITY

The following is a list of local AA, twelve-step meetings, and NA meetings:

AA/12-step meetings

H.O.W. Place 770-926-3940
St. Clements Episcopal 770-345-6722
Hillside U.M. 770-924-4777
Canton First U.M. 770-664-9237
Little River Methodist 770-926-2495
S. Cherokee Baptist 770-720-3399

www.celebraterecovery.com

www.aageorgia.org

NA

Northside Cherokee Hosp. 770-720-5100

Alternative Community Support Meetings

DeKalb Addiction Clinic 404-388-8095

www.smartrecovery.org or see the DUI Court Coordinator for a list of meetings

Anonymity

Always remember that AA/NA are anonymous organizations and that everyone is there for basically the same reason. It is never appropriate to say to a friend, "Guess who I saw at an AA meeting last night!"

Never address your physician, dentist, minister, attorney, or other professional person at a meeting by that person's title or last name. Anonymity includes both name and vocation. Don't ever ask a professional person for professional advice while at an AA/NA function. To do so can be a serious threat to the attendance and sobriety of that person, who undoubtedly needs the meetings as much as you do.

12 Steps

1. We admitted we were powerless over alcohol and all other mind altering substances-that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics/addicts, and to practice these principles in all our affairs.

-Alcoholics Anonymous, 3rd Ed., 1976

Community Resources

HOSPITALS

Northside Hospital - Cherokee
201 Hospital Road
Canton, Georgia 30114
770-720-5100

Piedmont Mountainside Hospital
1266 Highway 515 South
Jasper, Georgia 30143
706-692-2441

Ridgeview Institute - Substance Abuse
3995 South Cobb Drive
Smyrna, Georgia
770-434-4567

BASIC NEEDS

Canton Housing Authority	770-479-4969
Canton Transit	678-493-4560
Cherokee Mental Health	770-704-1600
Consumer Credit Counseling	404-527-7630
Food Stamps (DFCS)	770-720-3610
Family Violence Center	770-479-1804
Georgia Highlands Center	770-704-1603
Health Department	770-928-0133
Mtn. Area Trans. Sys.	770-345-6238
Salvation Army	770-720-4316
United Way	770-345-1290

CRISIS LINES

Battered Women Hotline	770-479-1703
Drug Tip Line	770-345-7920
Georgia Council on Child Abuse	1-800-532-3208
Georgia Access and Crisis Line	1-800-715-4225
Cherokee Mental Health	770-704-1600
National Suicide Hotline	1-800-273-TALK
Veterans Crisis Line	1-800-273-8255

SUBSTANCE ABUSE

Alcoholics Anonymous Georgia	404-525-3178
Cocaine Hotline	1-800-905-8666
Drug Help line	1-800-378-4435
	1-800-DRUGHELP
CMANS/Drug Tip Line	770-345-7920
Narcotics Anonymous Atlanta	404-362-8484

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